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Newsletter

Update to what's going on at the Surgery

You may have noticed lots of goings on at the surgery over the past couple of weeks. We are currently in the process of creating a new, much needed, consulting room from the waiting room upstairs. This is almost complete and we hope to have it in use by the end of the month (remember, if you have an appointment in a room upstairs and are unable to climb the stairs, just let reception know and they will arrange for you to be seen downstairs).

We are also redecorating the downstairs patient toilet area and small consulting room. This is a much needed refresh and with careful planning hope that it does not inconvenience you too much whilst it is going on.

Waiting room seating is also being addressed—with the help of the PPG we are looking to upgrade the seating in the patient waiting area so that there is a better range of seating available to suit all our patients needs.

And finally, but most importantly, we are very pleased to welcome another new member of staff, Ruth Blacket. Ruth is a nurse practitioner who will be working with us part time taking over a lot of the work that Zoe used to do. Ruth and Louise will be running most of the Emergency clinics in the morning and afternoon sessions, which will free up some more of the doctor appointment slots.

Summer Sun



I'm sure we are all hoping for a good summer with lots of sunshine, but remember, according to the NHS Watchdog there is no such thing as a 'healthy tan'.

The current recommendations for adults is that you apply sunblock twice – 30 minutes before you go out and again when exposed to the sun. Babies aged under six months should be kept out of direct sunlight and under-fives should be protected at all times.

Also remember when the temperature is high to keep hydrated by drinking lots of water.

Friends & Family Test

This is still a mandatory requirement for all GP practices—we are required to submit the number of returns we receive each month to NHS England. Please help us by completing a form when you attend the surgery, they can be found in the waiting room, or go on line to the surgery website and follow the link on the right hand side of the Home page.

